

Eye Opener Topic-Discussion Meeting

Chairperson's Instructions

for use in AA meetings hosted at www.PortlandEyeOpener.org

“WELCOME TO THE EYE OPENER GROUP OF ALCOHOLICS ANONYMOUS. MY NAME IS _____, and I AM AN ALCOHOLIC. We meet for an hour every day at this time. More information about our group and how to make 7th-Tradition contributions is on our [web page](http://www.PortlandEyeOpener.org) at PortlandEyeOpener.org. To avoid static during the rest of the meeting, please let's mute our connections when we're not sharing, but let's start by all unmuting and saying the Serenity Prayer together:

[a11] God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

Will someone please read the [AA Preamble](#)? *[Chairperson paste the full text of the preamble into the chat window so that any participant can read it.]*

And will someone please read today's [Daily Reflection](#)? *[Chairperson paste the full text of the reading into the chat window so that any participant can read it.]*

Now let's introduce ourselves and each share something that we are especially grateful for this day. Remember that it's always okay to pass. *[Chairperson: at your option, either suggest an order in which people can share, or just ask for volunteers but then gently encourage anyone who seems a little shy. After all have introduced themselves and shared their gratitude, chairperson says something like this:]*

Now would anyone like to suggest either a general topic that we might discuss for the rest of the meeting, or maybe another piece of AA literature that we could read together? *[Chairperson then helps make sure everyone gets a chance to share on that subject. If a reading of more than a paragraph is suggested, suggest an order in which people might take turns in reading parts of it.]*

[Chairperson watches the clock to make sure the meeting does not last longer than an hour. When time is almost up, say]

Our time for today is up, but before we close, let's pick a chairperson for tomorrow's meeting. Our group conscience is that 90 days of continuous sobriety is required to chair the meeting. Any volunteers?

Our group business meetings take place on the last Saturday of the month. All are welcome and encouraged to attend. Any other announcements?

Now let's close as we began, but this time let's use the WE version of the Serenity Prayer:

[a11] God, grant us the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference.